Medicine	Dose	1986-2000	2001				2002				2003				2004												2005									
			1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
Insomnia																																				
Ambien	10mg					10#15																#20n													
Ambien CR	12.5mg																																			
Lunesta	3mg																																			
Rozerem	?													Clinical Trial 1n																						
Seroquil	100mg																																			
Temazapam Cap	15-30mg																																			
Trazodone	50-100mg																																			
Depression																																				
Cymbalta	mg																									20-60-0/1										
Lexapro	10-20-15-10mg																																			
Zyprexa	5-20mg																																			
Lower Cholesterol & Triglycerides																																				
Gemfibrozil	500mcg																																			
Lipod	600mg																																			
Constipation due to Medicines																																				
Glycolax	17g/1																																			
Hyoscyamin SL Tab	0.125mg																																			
Neuropathy																																				
Amitriptyline	10-40-0mg																																			
Lyrica	150-300-0mg/1d																																			
Neurontin	600-2400-0mg					1d																														
Topamax	??/1 day only				1day																															
Trileptal	600mg						0-1880-0/1d																														
P.N. Breakthrough Pain																																				
Actiq	600-800mcg																																	6#5	6#20	8#
Fentora	800mcg																																			
Hydrocodone-APAP	7.5mg-500mg																																			
Lidoderm	Patch																																			
Oxycodone IR Cap	5mg																																			
Oxycontin CR Tab	30mg																																			
P.N. Pain																																				
Oxycodone	20mg																																			
Tramadol	3 days only																																			
Zonegran	don't remember																																			
Sinus Infections																																				
Misc Antibiotics			Different Dosage and Rate as needed																																	
Cephalexin Cap Tev	500mg																																			
Vitamins & Supplements																																				
Multi-vitamin																																				
Alpha Lipoic Acid	200mg																																			
B-12	500mcg																																			
Chromium Picolinate	200mcg																																			
Folic Acid	800mcg																																			
Omega-3 Fish Oil	1200mg																																			
Low Dose Aspirin	81mg																																			

Medicine	Dose	2006														2007								
		11	12	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9
Insomnia																								
Ambien	10mg																							
Ambien CR	12.5mg															1n								
Lunesta	3mg				1n												1n		1n					
Rozerem	?																							
Seroquil	100mg																							1n
Temazapam Cap	15-30mg																							
Trazodone	50-100mg																							50/1r
Depression																								
Cymbalta	mg												20/1								0-120-0/1			
Lexapro	10-20-15-10mg								10/1am					10/1am		20/1am			15/1am		10/1pm			
Zyprexa	5-20mg							1n																
Lower Cholesterol & Triglycerides																								
Gemfibrozil	500mcg								2d							2d								
Lipod	600mg																							
Constipation due to Medicines																								
Glycolax	17g/1									1d							2d							
Hyoscyamin SL Tab	0.125mg														1-2d									
Neuropathy																								
Amitriptyline	10-40-0mg																		1d					
Lyrica	150-300-0mg/1d					150/1d		<	>															
Neurontin	600-2400-0mg																							
Topamax	??/1 day only																							
Trileptal	600mg																							0-600/
P.N. Breakthrough Pain																								
Actiq	600-800mcg	30		8#40			8/2d																	
Fentora	800mcg														400/4									
Hydrocodone-APAP	7.5mg-500mg																					1-2d		
Lidoderm	Patch								1-2d															
Oxycodone IR Cap	5mg																							
Oxycontin CR Tab	30mg																							
P.N. Pain																								
Oxycodone	20mg								40/1n	1n	2d	3d		4d		6d	8d		>0					
Tramadol	3 days only							1d																
Zonegran	don't remember								?															
Sinus Infections																								
Misc Antibiotics																								
Cephalexin Cap Tev	500mg																							
Vitamins & Supplements																								
Multi-vitamin																								
Alpha Lipoic Acid	200mg																							2d
B-12	500mcg																							
Chromium Picolinate	200mcg																							
Folic Acid	800mcg																							1d
Omega-3 Fish Oil	1200mg																							
Low Dose Aspirin	81mg																							

Medicine	Dose	2008																2009							
		10	11	12	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8
Insomnia																								
Ambien	10mg																		1d					
Ambien CR	12.5mg							1d										1d						
Lunesta	3mg																							
Rozerem	?																							
Seroquil	100mg																							
Temazapam Cap	15-30mg									15/1n		30/1n												
Trazodone	50-100mg				100/1n														100/	1n	->Current			
Depression																								
Cymbalta	mg																							
Lexapro	10-20-15-10mg																	10/1pm		->Current				
Zyprexa	5-20mg																							
Lower Cholesterol & Triglycerides																								
Gemfibrozil	500mcg																							
Lipod	600mg				2d															->Current				
Constipation due to Medicines																								
Glycolax	17g/1								2d															
Hyoscyamin SL Tab	0.125mg																							
Neuropathy																								
Amitriptyline	10-40-0mg																							
Lyrica	150-300-0mg/1d																							
Neurontin	600-2400-0mg																							
Topamax	??/1 day only																							
Trileptal	600mg	1			600-2400=0/1d																			
P.N. Breakthrough Pain																								
Actiq	600-800mcg																							
Fentora	800mcg																							
Hydrocodone-APAP	7.5mg-500mg																							
Lidoderm	Patch																							
Oxycodone IR Cap	5mg							1d																
Oxycontin CR Tab	30mg							1d	2d		3d								2-0d					
P.N. Pain																								
Oxycodone	20mg							1d	2d		3d				4d				3-0d					
Tramadol	3 days only																							
Zonegran	don't remember																							
Sinus Infections																								
Misc Antibiotics																								
Cephalexin Cap Tev	500mg										4d													
Vitamins & Supplements																								
Multi-vitamin			1d																	->Current				
Alpha Lipoic Acid	200mg																							
B-12	500mcg										1d													
Chromium Picolinate	200mcg		2d																	->Current				
Folic Acid	800mcg																							
Omega-3 Fish Oil	1200mg																							
Low Dose Aspirin	81mg																			->Current				